

# February 2010

## Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
Grilled Cheese Tomato Soup <b>1</b>	Chicken Nuggets Scallop Potato <b>2</b>	Pizza Hut Salad <b>3</b>	Mini Corn Dogs Potato <b>4</b>	Scrambled Egg & Sausage Mini Bagel <b>5</b>
Turkey Sub Soup <b>8</b>	Chicken Cheese Fahita Veggie Rice <b>9</b>	Bosco Sticks Salad <b>10</b>	Pizza Salad <b>11</b>	NO SCHOOL <b>12</b>
NO SCHOOL <b>15</b>	Cheese Burger <b>16</b>	Pizza Hut Salad <b>17</b>	Turkey w/ Gravy Mashed Potato Peas <b>18</b>	Egg & Cheese Bagel Yogurt Potato <b>19</b>
Hot Turkey & Cheese Melt <b>22</b>	Hot Dog w/ Bun Chips Baked Beans <b>23</b>	Bosco Sticks Salad <b>24</b>	Chicken Sandwich <b>25</b>	Pancake Fruit Cup Sausage Potato <b>26</b>

### Guess What?

Your heart can beat up to 40,000,000 times per year!  
Roller-skating involves all of the body's muscles, especially the heart, and provides a complete aerobic workout.

### TID BITS

All lunches are served with choice of entrée or alternate, veggie, fruit, and milk.

#### Daily Alternate Choices:

- 1) Cheeseburger
- 2) Hot Dogs
- 3) Cook's Choice

Money can be applied to student accounts online at [myschoolaccount.com](http://myschoolaccount.com) or by sending a check to:  
Food Service Department  
400 E. Washington Street  
Chagrin Falls, OH 44022

If you have questions, call the Food Service Department at 440-247-5449 or email [Mark.Donnely@chagrinschools.org](mailto:Mark.Donnely@chagrinschools.org) School

